

DANE COUNTY JUVENILE DETENTION PROGRAMMING

Each year, youth in Detention benefit from diverse programming facilitated by some local organizations and department staff. In addition to a full school day provided by the Madison Metropolitan School District, youth have participated in programs that teach life skills, coping mechanisms, job skills, physical health improvement and technical skills. The following are the programs that the youth have participated in last year:

Staff Facilitated Psycho-Educational Groups

Staff facilitate groups that allow youth to work on Decision Making Skills, Healthy Relationships, Anger Management, Honesty, Integrity and other Character Building activities. Youth participate in these groups on a daily basis.

UW Physical Therapy

Students from the UW Physical Therapy Department teach youth yoga, stretching, large muscle exercise and relaxation techniques once per week. Youth receive skills that will allow them to remain calm in stressful, emotional and crisis situations.

Madison Public Library

Staff and volunteers from the Madison Public Library Bubbler program teach youth the art of personal branding and messaging by the use of technology including computers, iPads, etc. once per week. Youth have made animated videos, created music and videos, created art, learned horticulture, painted murals in the facility, learned culinary skills and participated in numerous other creative activities.

Briarpatch Youth Employment Groups

Briarpatch staff facilitate employment groups every other week which includes resume building, interviewing, completing job applications, career exploration, etc. Youth are also taught how to become great job applicants and how to maintain employment.

Capoeira/Yoga

Capoeira is an Afro-Brazilian martial art that combines elements of dance, acrobatics and music. It also has some elements of Yoga and meditation. Volunteers lead this activity once per week.

Dogs on Call

Dogs on Call, through their membership in Pet Partners, are a community organization that provides health and therapy through interaction with dogs and occasionally cats. They provide services for residents in assisted living,

UW students, hospitals and the Dane County Juvenile Detention Center four times per month. During each visit, youth and staff pet dogs and talk with their owners, which serves as a therapeutic tool for youth. Some youth have never been in contact with animals and therefore this serves as their first experience being around a pet of any kind.

Community Connections and Church Services

Every Tuesday evening, an ecumenical group of pastors facilitates a voluntary group and has individual meetings with youth. Each Sunday a pastor leads a church service for any youth who would like to attend.

UW School of Psychology

Psychology students provide weekly discussions with youth on a variety of topics including Decision Making, Conflict Resolution, Problem Solving and Relationships.

Restorative Justice

Jackie Millar leads a monthly group on restorative justice through discussing her story of being shot by juveniles and her journey of healing and forgiveness.

Cooking Class

Every Thursday morning, a Detention staff leads a cooking class in the Detention kitchen. Youth learn to prepare meals that they would be able to make at a later time and are also able to eat what they prepare.

UW Science Group

One to two times per month, youth participate in a Science Group in which they learn about gravity, weight, volume, etc. through safe experiments facilitated by Master's level science students.

UW Adolescent Alcohol and Drug Abuse Intervention Program (AADAIP)

Staff from AADAIP conduct weekly assessments for youth and then provide information to assigned Social Workers if follow up assessments or services are necessary.

Chess

Madison School District staff and others teach and participate in chess matches with youth every Monday morning.

Black Law Student Association

UW Law students have lunch with youth monthly in order to provide another opportunity for youth to connect with positive role models.